

Career Guidance and Life Planning Education Report

2023-2024



La Salle College

# La Salle College Career Guidance and Life Planning Education Report (2023-24)

#### Major Concern 1: To develop students' ownership of their career and life planning.

Achievements	Reflection	Foodbook & Follow up		7 Le	earning	Goals	(Put a "	<b>'√"</b> )	
Achievements	Reflection	Feedback & Follow-up	NGI	BK	LP	GS	IL	LP	HL
<ul> <li>1.1 Career Education Curriculum in form teacher periods</li> <li>Career materials were prepared for F.3, F.5 and F.6 form teachers to conduct career education during form teacher period.</li> </ul>	Students were motivated to set goals, study plans and are proactive in search for information.	<ul> <li>Keep and Improve</li> <li>F5 form teachers materials will be modified in lieu of the new arrangement of form teacher periods.</li> </ul>						<b>√</b>	
1.2 Career Workshops in Service Learning Lesson  ● Three workshops have been organized with the NGO Yan Oi Tong. The workshops are:  - F.3: 認識自己、強弱項 (Holland's Code)  - F.4: 職業性向工作坊 (MBTI)  - F.5: 認識自己、強弱項 (Holland's code)	<ul> <li>Students understood their academic interests and abilities which help with their career planning.</li> <li>Students were more focused during the career workshops holding in classrooms.</li> </ul>	<ul> <li>Keep and Improve</li> <li>The workshops will be rescheduled to form teacher periods on Thursday instead of service learning lessons.</li> </ul>						<b>√</b>	
<ul> <li>1.3 Guidance Programme for F.5 and F.6 low achievers</li> <li>Sharings were given by an alumni with similar academic background to F.5 and F.6 low-achieving students.</li> </ul>	<ul> <li>Students recognized their academic and career development needs.</li> <li>Students learnt the ways to gather information and work out a plan to fit their personal circumstances.</li> </ul>	<ul> <li>Keep and Improve</li> <li>The workshops will be rescheduled to form teacher periods on Thursday to allow ample time for the alumni to share with the students.</li> </ul>						<b>√</b>	

### Major Concern 2: To help students implement their career and study plan.

	A 1.	D.G. 4			7 Le	arning	Goals	(Put a	<b>"√"</b> )	
	Achievements	Reflection	Feedback & Follow-up	NGI	BK	LP	GS	IL	LP	HL
2.1	F.6 JUPAS Talk The talk was organized to all F.6 students with updated information about different study programmes in local tertiary institutes.	<ul> <li>Students were fully informed about the application procedure, admission requirements and how to choose programme choices.</li> <li>All students submitted their JUPAS application before the school internal deadline.</li> </ul>	<ul> <li>Keep and Improve</li> <li>Another talk for F.6 parents will be held during PTA AGM to better equip parents in helping their sons in the JUPAS application.</li> </ul>						✓	
2.2	A Career-teacher-in-charge was assigned to every class to meet students individually to evaluate their programme choices.  A 3-day career counselling session was organized to provide guidance to F.6 students after HKDSE results release.	<ul> <li>Students were able to make informed choices of their tertiary education with reference to their interest, ability, career plan, and the expected HKDSE results.</li> <li>Students were ready to seek assistance proactively from the JUPAS Advisor.</li> </ul>	<ul> <li>Keep and Improve</li> <li>Will arrange career teachers to take care of the low achieving students after HKDSE results release.</li> </ul>						✓	
2.3 for •	Talk for parents and students - Get Prepared the HKDSE Result Release Day and Multiple Pathways Videos were prepared and uploaded to YouTube to introduce the latest update on the procedure and mechanism in modifying programme choices, arrangement after release of JUPAS offers and alternative multiple pathways.	<ul> <li>Parents and students had a clear idea about the procedure in the HKDSE results release day and JUPAS offer release day.</li> <li>Students were able to review their plan for further studies with reference to their performance in HKDSE.</li> </ul>	<ul> <li>Keep and Improve</li> <li>Will discuss the possibility to organize a face-to-face talk for F.6 students next year before the HKDSE results release.</li> </ul>						✓	
2.4	Support for Overseas Education Application The following programmes were organized: - UCAS Application Sharing Session - Mainland University Admission Talk - Talk on Overseas Summer Preparation for F.5 students The UCAS personal statement help corner "Ignite your dream" - Cambridge Education Talk	Students had a clear understanding about the requirements, procedures and their own eligibility for programmes in different institutes of different countries.	Keep and Improve  The UCAS personal statement help corner "Ignite your dream" will be cancelled since a lot of students could find recent graduates for advises on their personal statements.						✓	

A -1.5	D-61-44	E - Jl L 0 E - II		7 Lea	arning	Goals	(Put a	" <b>√</b> ")	
Achievements	Reflection	Feedback & Follow-up	NGI	BK	LP	GS	IL	LP	HL
<ul> <li>2.5 Elective subjects Fair for F.3 students</li> <li>An online sharing session given by senior form students was organized following the F.3 Career lessons on "Finding colours of your life".</li> <li>The subject representatives shared their experiences in studying DSE electives.</li> </ul>	<ul> <li>Students reflected that they have learnt about the curriculum, coursework and assessment of the elective subjects in senior forms.</li> <li>Students had an idea on inspecting their interest and abilities in choosing their elective subjects.</li> </ul>	<ul> <li>Keep and Improve</li> <li>A questionnaire will be distributed to students before the talk to collect the questions the students would like to ask about subject selection.</li> </ul>						✓	
<ul> <li>2.6 F.4 Placement Talk for F.3 students and parents</li> <li>The talks were held in first term for students and parents to help students best match their interest and ability with their choice of study.</li> <li>One more online parental talks were organized on F.4 subject selection to provide more information to parents.</li> </ul>	<ul> <li>Students were aware of their own ability, interest &amp; suitability in choosing different subject combination.</li> <li>Students and parents had an idea of the relation of choice of study, the tertiary studies and academic requirement for different careers.</li> </ul>	<ul> <li>Keep and Improve</li> <li>The student talk will be rescheduled to form teacher periods on Thursday to allow ample time to handle students' enquiries.</li> </ul>						✓	
<ul> <li>F.3 Post Exam Career Programme</li> <li>The talk was held to help F.3 students to plan their senior secondary school life with regard to university and scholarship application, as well as leadership and social intelligence.</li> </ul>	<ul> <li>Students were aware of the career and academic development starting from F.4.</li> <li>Students were aware of senior school life planning on taking ECA duties to nurture their leadership and social intelligence skills.</li> </ul>	Keep  • The talk will be organized on 26 <sup>th</sup> September, 2024 (Thur).						✓	

### Major Concern 3: <u>To equip students with careers and life planning skills.</u>

Aghiavamenta	Deflection	Foodback & Follow up		7 Lea	rning	Goals	(Put a	" <b>√</b> ")	
Achievements	Reflection	Feedback & Follow-up	NGI	BK	LP	GS	NGI	LP	HL
<ul> <li>3.1 Medicine Career Workshop &amp; Interview Practice</li> <li>The following workshops were organized: <ul> <li>LSC Medicine Career Workshop</li> <li>CUHK Medicine/ Inaugural Lecture by Dean Philip Chiu</li> <li>HKU Admission Talk</li> <li>A Day at HKU Medicine</li> <li>HKU MBBS Preparation Workshop</li> <li>Brain Bee Competition</li> </ul> </li> </ul>	<ul> <li>All participants could benefit in acquiring the etiquettes and rhetoric expected of a sensible and confident interviewee.</li> <li>All participants could formulate a plan towards a medical profession.</li> </ul>	<ul> <li>Keep</li> <li>LSC Medicine Spring Workshop and OBA x Careers Medicine Interview Workshop were held in May to further prepare F.6 students with the medicine interviews.</li> </ul>						✓	
<ul> <li>3.2 Mock Interview for F.5 students</li> <li>English teachers provided interview training to all F.5 students during LAC lessons. Past interview questions from university and scholarship application have been collected for LAC teachers as reference.</li> <li>A mock interview was organized for all F.5 students to prepare for their university and scholarship application.</li> </ul>	<ul> <li>Students acquired the skills and attitudes to prepare for the interview.</li> <li>Students acquired the communication skills that help them to excel in school, careers and the community.</li> </ul>	<ul> <li>Keep and Improve</li> <li>LAC lessons for F.5 students will be cancelled next year.</li> <li>Will discuss with English department or NGO the possibility to hold an F.5 interview workshop next year.</li> </ul>						✓	
<ul> <li>3.3 Speaking &amp; Presentation Skill Workshop for F.5</li> <li>A speaking skill workshop was organized to talk about various speaking tips and interview skills of a good speaker.</li> </ul>	<ul> <li>Students understood the importance of speaking &amp; presentation skills in career development.</li> <li>Students were highly involved. They actively asked questions concerning application and admission.</li> </ul>	<ul> <li>Keep and Improve</li> <li>Will discuss with the speakers about the possibility of adding US further study options in the talk.</li> </ul>						<b>✓</b>	

### Major Concern 4: <u>To enrich students' exposure to the world of work</u>

Achievements	Deflection						7 Learning Goals (Put a "✓"				
	Reflection	-	NGI	BK	LP	GS	NGI	LP	HL		
<ul> <li>4.1 Job Shadowing Programme</li> <li>A total of 94 job shadowing posts categorized under 24 programmes were provided to F.5 students.</li> </ul>	<ul> <li>Students were aware of the demands of the authentic working world.</li> <li>Students explored their career options and build up values which are essential for their future success.</li> </ul>	<ul> <li>Keep and Improve</li> <li>Will include more posts on computing and AI sectors next year.</li> </ul>						✓			
4.2 Career Day		Keep and Improve									
<ul> <li>35 speakers from 10 different job sectors were invited to small group discussion with F.4 and F.5 students in the hall.</li> <li>The entry requirements, job nature, future prospect and long-term development were introduced in the sharing.</li> </ul>	Many students generally pointed out that the talks were informative and down-to-earth. Experience shared by alumni was inspiring and was good reference for students in their career decision making.	Will split into six alumni sharing sessions to enhance coverage of the sharing to students.						✓			
4.3 Career visits and talks		Keep and Improve									
<ul> <li>The following career visits and talks were organized         <ul> <li>Visit to HKU Inno Wing cum Hands-on Workshop on Wireless Power Transfer</li> <li>Alumni sharing – From a Lasallian to a Quantitative Fund Manager</li> <li>CUHK Medicine/ Inaugural Lecture by Dean Philip Chiu</li> <li>A Day at HKU Medicine</li> </ul> </li> </ul>	<ul> <li>Students were exposed to wider career options including business, engineering, asset management sectors.</li> <li>Students had some preliminary idea of real working situation in a company or firm.</li> </ul>	Will keep on searching for various companies visits and talks for students.						<b>✓</b>			
<ul> <li>4.4 LSC x Deloitte Workshop</li> <li>A job shadowing programme were organized with Deloitte and school BAFS department.</li> </ul>	<ul> <li>Students were aware of the demands of the authentic working world.</li> <li>Students were shown the recent development in accounting, fintech and entrepreneurship.</li> </ul>	<ul> <li>Keep</li> <li>All students attended the jobshadowing punctually. Quite a number of them proactively asked for more information based on their interest and aspiration.</li> </ul>						<b>✓</b>			

### Major Concern 5: <u>To empower Senior Form Teachers' participation in careers education and student counselling in school.</u>

Achievements	Reflection	Feedback & Follow-up		7 Lea	rning	Goals	(Put a	"√")	
Achievements	Kenecuon	recuback & ronow-up		BK	LP	GS	NGI	LP	HL
1 Teachers' Professional Development in areers and Life Planning  A briefing was given to all F.6 form Teachers regarding JUPAS application and alternative pathways.  F.5 and F.6 teachers were briefed during form teacher meetings to equip them with the concepts of careers and life planning so that they are well aware of the careers and life planning needs of students in the adolescent stage.  A briefing was given to all F.3 form teachers on how to conduct the career lessons on Holland's	<ul> <li>Teachers were aware of the careers and life planning needs of their students.</li> <li>Form teachers were more confident in implementing the career education curriculum in their class.</li> </ul>	Keep  • Will find more opportunities to conduct sharing to form teachers.	NGI	ВК	LP	GS	NGI	LP ✓	HL
code.									

### **Financial Report**

Expenses	Amount \$
General Expenses	8167.9
Form teacher period materials	4447.0
Total	12614.9



Career Guidance and Life Planning

Strategic Plan 2024-2025



La Salle College

# La Salle College Strategic Plan (2024-25)

Subject Panel / Functional Team: Careers Team

#### Major Concern 1: To develop students' ownership of their career and life planning.

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
To explore students' interests and abilities through career curriculum in form teacher periods.	Career Education Curriculum in form teacher periods  To prepare career education lesson in Form Teacher Periods for F.3, 5 and 6 students.	<ul> <li>Form Teachers are able to complete 80% of the lessons.</li> <li>Students understand their academic interests, abilities and learning style.</li> <li>Students are motivated to set goals, study plans and are proactive in search for information.</li> </ul>	Feedback from teachers and students	Whole Year	Teresa LEE Martin MA	<ul> <li>EDB Career Guidance Resources</li> <li>F.3: Finding Your Colours of Life</li> <li>F.5: Materials provided by portfolio.edb.gov.hk</li> <li>F.6: Hok Yau Club Guide Book</li> </ul>
	Funding Scheme for Youth Life Planning Activities  ■ To co-organize with NGO on various career workshops for F.3 to F.5 students.	<ul> <li>Students recognize the importance to set objectives in life.</li> <li>Students understand their academic interests and abilities which affect their career planning.</li> </ul>	<ul> <li>Evaluation of the organizer</li> <li>Feedback from teachers and students</li> </ul>	Whole Year	Erwin CHAN Martin MA	Programmes provided by the organizer – Yan Oi Tong
To help F.5 and F.6 low achievers recognize their academic and career development needs such that they can formulate a workable plan to realize their career dreams.	To invite alumni with similar academic background to share	<ul> <li>Students recognize their academic and career development needs.</li> <li>Students are able to make career or further study choices that fit their personal circumstances.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from teachers and students</li> </ul>	Whole Year	Martin MA Teresa LEE	Alumni from similar educational background

# Major Concern 2: To help students implement their career and study plan.

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
To provide F.6 students with updated information about different programmes in local tertiary institutes.	<ul> <li>F.6 JUPAS Talk</li> <li>A talk will be organized to all F.6 students to introduce the admission requirements of different programmes and the application process.</li> </ul>	<ul> <li>Students submit JUPAS application and relevant documents on time.</li> <li>Students take the responsibility to carefully select their programme choices.</li> </ul>	<ul> <li>Questionnaires</li> <li>Statistics of JUPAS results</li> </ul>	1 <sup>st</sup> term	Martin MA	<ul> <li>Public Exam results, JUPAS offer of past graduates</li> <li>JUPAS admission scores of past years</li> </ul>
_	<ul> <li>Individual Counselling to F.6 students</li> <li>To give individual counselling to all F.6 students on their JUPAS choices with reference to their career plan.</li> <li>A 3-day career counselling session will be organized to provide guidance to F.6 students after HKDSE results release.</li> </ul>	<ul> <li>Students can make an informed and reasonable choice list with reference to their interest, ability, career plan, and the HKDSE results they expect.</li> <li>Students are ready to seek assistance proactively from the JUPAS Advisor.</li> </ul>	<ul> <li>Statistics of JUPAS results</li> <li>Feedback from teachers and students</li> </ul>	Whole Year	All Careers Teachers and F.6 Form Teachers	<ul> <li>JUPAS admission scores of past years</li> <li>JUPAS Programmes Requirement</li> <li>Predicted HKDSE grades of students</li> </ul>
	Talk for parents and students - Get Prepared for the HKDSE Result Release Day  • Videos will be prepared and uploaded to YouTube to introduce the latest update on the procedure and mechanism in modifying programme choices, arrangement after release of JUPAS offers and alternative multiple pathways.	<ul> <li>Students fully understand the procedure and mechanism of modification of programme choices.</li> <li>Students are able to review their plan for further studies with reference to their performance in HKDSE and latest admission arrangement of various institutions.</li> </ul>	• Questionnaires	2 <sup>nd</sup> term	Martin MA	<ul> <li>HKEAA arrangement on Result Release Day and RR procedures</li> <li>Career Guidance Handbook (EDB)</li> <li>Hok Yau Club Guide Book</li> </ul>

# Major Concern 2: To help students implement their career and study plan.

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
To assist students' planning and application for overseas studies in different countries.	<ul> <li>Support for Overseas Education Application</li> <li>Different admission talks and sharing sessions will be organized.</li> <li>Disseminate overseas information to students in google classroom and e-class.</li> </ul>	<ul> <li>Students have a clear understanding about the requirements of different programmes in different institutes.</li> <li>To issue recommendation letters and transcripts within 5 working days after student's submission of all documents.</li> </ul>	Questionnaires	Whole Year	Martin MA Mary CHOW	<ul> <li>Overseas institute official representatives.</li> <li>Alumni who have recent experience in overseas university application.</li> </ul>
-	Elective subjects Fair for F.3 students  • An online sharing session will be organized. The subject representatives selected from senior form will share their experiences in studying DSE electives.	• Senior students' experience sharing provides relevant information to F.3 students.	<ul> <li>Questionnaires</li> <li>Feedback from teachers and students</li> </ul>	1 <sup>st</sup> term	Martin MA	<ul> <li>Senior form students of different elective subjects</li> <li>Hok Yau Club Guide Book</li> </ul>
1	<ul> <li>F.4 Placement Talk for F.3 students and parents</li> <li>F.4 placement talks for parents and students will be organized to disseminate relevant information.</li> <li>Online parental talks will be organized to help parents best match their interest &amp; ability with their choice of study.</li> </ul>	<ul> <li>Students have an idea of the correlation of choice of study with the tertiary studies &amp; ultimately academic requirement for different careers.</li> <li>Parents are well informed of school policy and understand their role in providing support to their children.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from teachers and students</li> </ul>	1 <sup>st</sup> term	Martin MA	<ul> <li>HKEAA Data</li> <li>JUPAS Data</li> <li>Hok Yau Club Guide Book</li> </ul>
To help students plan their senior secondary school life regarding university and scholarship application.	F.4 Career Talk  • F.4 career talk will be organized in early stage of their senior school life.	<ul> <li>Students are aware of the career and academic development in senior school life.</li> <li>Students are aware of senior school life planning on taking ECA duties.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from teachers and students</li> </ul>	1 <sup>st</sup> term	Martin MA	<ul><li>HKEAA Data</li><li>JUPAS Data</li></ul>

# Major Concern 3: To equip students with careers and life planning skills.

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
	Medicine admission talks, visits and interview workshops  Medicine Admission talks and visits will be held to give an overview of careers in medical related field.  Interview workshops will be held to equip students with necessary interview skills.	<ul> <li>F.6 students are able to make a success of the university interview.</li> <li>All participants can benefit in acquiring the etiquettes and rhetoric expected of a sensible and confident interviewee.</li> <li>All participants can formulate a plan towards a medical profession.</li> </ul>	<ul> <li>Questionnaires</li> <li>Success rate in JUPAS admission</li> </ul>	Whole Year	Martin MA Mary CHOW	<ul> <li>Alumni</li> <li>HKU &amp; CUHK Faculties of Medicine</li> </ul>
To prepare students to pursue tertiary education.	University Admission talks  Admission talks will be coorganized with HKU and HKUST to give an overview of programmes offered by different universities.	<ul> <li>Students have a clear understanding about the requirements of different programmes in different universities.</li> <li>Students have an idea of the correlation of choice of tertiary studies &amp; requirement for different careers.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from teachers and students</li> </ul>	Whole Year	Martin MA Erwin CHAN	HKU and HKUST
	Mock Interview workshop for F.5 students  A mock interview will be coorganized with OBA for all F.5 students.	<ul> <li>Students can acquire the skills and attitudes to prepare for the interview.</li> <li>Students acquire the communication skills that help them to excel in school, careers and the community.</li> </ul>	<ul> <li>Questionnaires</li> <li>Students' feedback</li> <li>Success rate in JUPAS admission</li> </ul>	2 <sup>nd</sup> term	Jenny CHAN Jennes CHAN Martin MA	<ul><li>OBA</li><li>F.6 recent graduates</li></ul>
To equip students with speaking and presentation skills in career development.	1	<ul> <li>80% attendance.</li> <li>Students are actively involved in the workshop.</li> </ul>	<ul> <li>Questionnaires</li> <li>Students' response in the workshop</li> </ul>	1st term	Martin MA Mary CHOW	• Alumni

# Major Concern 4: <u>To enrich students' exposure to the world of work.</u>

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
To provide job shadowing opportunities to students.	Job Shadowing Programme  • To coordinate with OBA and NGOs to provide job shadowing programme to students.	<ul> <li>Students are educated about the requirement of different professions and demands of the authentic working world.</li> <li>Students explore their career options and build up values which are essential for their future success.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from mentors, companies and OBA</li> </ul>	2 <sup>nd</sup> term	Martin MA Jennes CHAN	<ul> <li>Contact and network with different firms and companies</li> <li>OBA and alumni</li> </ul>
To introduce different professions, their entry requirements, job nature, future prospect and long-term development of each.	<ul> <li>Career Day</li> <li>A series of six sharing sessions will be organized for students.         Alumni from various profession will be invited to share their working experience.     </li> </ul>	<ul> <li>Students find the information useful for their choice of career.</li> <li>Students find the information useful for their career and study plan.</li> </ul>	<ul><li>Questionnaires</li><li>Feedback of the alumni and OBA</li></ul>	Whole Year	Martin MA Catherine CHU	OBA and alumni
To expose students to more career options.	Career visits and talks  ■ Various career talks and visits will be organized to expose students to wider career options including paramedical professions, STEM, etc.	<ul> <li>Students are open to different professions by site visit.</li> <li>Students have some preliminary idea of real working situation in a company or firm.</li> </ul>	• Questionnaires	Whole Year	Martin MA Mary CHOW	<ul> <li>Business sector and Government Departments</li> <li>Tertiary institutions.</li> <li>OBA &amp; alumni</li> </ul>
department to link study	<ul> <li>LSC x Deloitte Workshop &amp; Brain Bee Competition</li> <li>A job shadowing programme will be organized with Deloitte and school BAFS department.</li> <li>Will work with Chemistry department to enroll students to participate the Brain Bee Competition.</li> </ul>	<ul> <li>Students are shown with the recent development and opportunities in Accounting and FinTech field.</li> <li>Students can learn in-depth knowledge in neuroscience which is beneficial in pursuing career in medical field.</li> </ul>	<ul> <li>Questionnaires</li> <li>Feedback from mentors</li> </ul>	2 <sup>nd</sup> term	Becky LAM Martin MA Mary CHOW	<ul> <li>Deloitte</li> <li>BAFS department</li> <li>Chemistry department</li> </ul>

# Major Concern 5: To empower Senior Form Teachers' participation in careers education and student counselling in school.

Target	Implementation Strategy	Success Criterion	Method of Evaluation	Time Scale	Responsible person	Resource Required
To equip Form teachers with the concepts of careers and life planning.	Teachers' Professional Development in Careers and Life Planning  • Frequent meetings will be held with F.6 Form Teachers regarding JUPAS application and alternative pathways.  • F.3, F.5 and F.6 Form Teachers will be briefed during form teacher meetings to equip them with the concepts of careers and life planning so that they are aware of the careers and life planning needs of students in the adolescent stage.	<ul> <li>Teachers are aware of the careers and life planning needs of their students.</li> <li>Form teachers are more confident in implementing the career education curriculum in their class.</li> </ul>	<ul> <li>Questionnaires</li> <li>Teachers' feedback</li> </ul>	Whole year	Martin MA Teresa LEE	<ul> <li>JUPAS statistics</li> <li>Prospect Guides for further studies</li> </ul>