

Report on Sister School Exchanges

2018 - 2019 School Year

Name of the Mainland Sister School (1):	Shanghai Foreign Language School (SFLS, 上海外国语大学附属中学) , Shanghai
(2):	The High School Affiliated to Renmin University of China (RDFZ, 中国人民大学附属中学) , Beijing
(3):	Agile Kaiyin School Affiliated to Zhongshan Memorial Middle School (JZKYS, 中山市纪中雅居乐凯茵学校) , Zhongshan
(4):	Zhejiang Zhenhai High School (ZHZX, 浙江省宁波市镇海中学) , Ningbo

Part 1: Details of Exchange Activities

Item No.	Name and Content of the Exchange Activity	Intended Objective(s)	Evaluation Results	Reflection and Follow-up
1.	<p>Shanghai Exchange Programme (F.2 & 3 level) The Programme consisted of the Hong Kong Session and the Shanghai Session. In the Hong Kong Session held on 17 - 23 February 2019, students of La Salle College (LSC) and Heep Yunn School (HYS) provided home-stay to 20 SFLS students who attended lessons in the 2 schools and visited cultural sites, museums and local attractions in Hong Kong.</p> <p>In the Shanghai Session held on 16 - 21 April 2019, 11 LSC students and 8 HYS students, led by 4 teachers of the 2 schools, visited SFLS. They were accommodated in dormitory of SFLS on school days and home-stay during weekend. Besides lessons observation, visits to cultural sites, museums, enterprises and local attractions in Shanghai were conducted. The 4 teachers of the 2 schools also attended professional development sharing and lesson observations in SFLS.</p>	<ul style="list-style-type: none"> - The Programme aims to provide an authentic language environment in the learning of Putonghua. - To provide students an experience of city differences between Hong Kong and Shanghai. - To understand the history and development of Shanghai. 	<p>As reflected from de-briefings held on the trip, work done by LSC students in their programme booklets and feedback from parents, participants attained in-depth understanding of the culture, history and development of Shanghai by the Programme.</p> <p>By provision of home-stay, participants of both cities acquired a lot of chances in practicing Putonghua and English, as well as experiencing the city differences between Hong Kong and Shanghai.</p> <p>By sharing and lesson observations, teachers of the 2 schools attained professional development regarding various teaching pedagogies in a different education system and understanding of local culture in Shanghai.</p>	<p>It is recommended to enrich the project-based learning embedded in the Programme and to try more theme-based excursions with tasks / worksheets in both sessions.</p>

2.	<p>Beijing Exchange Programme (F.3 - 4 level) The Programme consisted of the Hong Kong Session and the Beijing Session. In the Hong Kong Session held on 15 – 21 February 2019, students of La Salle College (LSC), Heep Yunn School (HYS), and Maryknoll Convent School (MCS) students provided home-stay for 11 RDFZ students who attended lessons in the 3 schools and visited cultural sites, museums and local attractions in Hong Kong. In the Beijing Session held on 16 – 21 April 2019, 4 LSC students, 9 HYS students and 7 MCS students, led by 8 teachers of the 3 schools, visited RDFZ. They were accommodated in dormitory of RDFZ on school days and home-stay during weekend. Besides lessons observation, visits to cultural sites, museums and local attractions in Beijing were conducted. The 8 teachers of the 3 schools also attended professional development sharing and lesson observations in RDFZ.</p>	<ul style="list-style-type: none"> - The Programme aims to provide an authentic language environment in the learning of Putonghua. - To provide students an experience of city differences between Hong Kong and Beijing. - To understand the history and development of Beijing. 	<p>As reflected from de-briefings held in the trip, work done by LSC students in their programme booklets and feedback from parents, participants attained in-depth understanding of the culture, history and development of Beijing by the Programme. By provision of home-stay, participants of both cities acquired a lot of chances in practicing Putonghua and English, as well as experiencing the city differences between Hong Kong and Beijing. By sharing and lesson observations, LSC teachers attained professional development regarding various teaching pedagogies in a different education system and understanding of local culture in Beijing.</p>	<p>It is recommended to enrich the project-based learning embedded in the Programme and to try more theme-based excursions with tasks / worksheets in both sessions.</p>
3.	<p>Zhongshan Exchange Programme (F.1 - 2 level) The Programme consisted of the Hong Kong Session and the Zhongshan Session. In the Zhongshan Session held on 7 – 11 November 2018, 17 students and 2 teachers of LSC visited JZKYS. They were accommodated in dormitory of JZKYS and hotel, attended lessons and cultural activities in the school. Visits to cultural sites, museums and local attractions in Zhongshan were conducted after school. In the Hong Kong Session held on 10 – 15 March 2019, 28 boy students and 20 girl students of JZKYS, led by their teachers, attended lessons in La Salle College and Heep Yunn School respectively. All guests were accommodated in hotel on their own expense and visited cultural sites, museums and local attractions in Hong Kong. Teachers Professional Development Visit On 12 – 14 May 2019, 8 LSC teachers conducted a professional development visit to JZKYS. Besides lessons observations and professional sharing with JZKYS administrators and teachers, visits to cultural sites and Zhongshan Memorial Middle School were also conducted.</p>	<ul style="list-style-type: none"> - The Programme aims to provide an authentic language environment in the learning of Putonghua. - To provide students an experience of city differences between Hong Kong and Zhongshan. - To understand the history of Dr. SUN Yat Sen and the Xinhai Revolution. 	<p>As reflected from de-briefings held in the trip, work done by LSC students in their programme booklets and feedback from parents, participants attained in-depth understanding of the culture, history and development of Zhongshan as well as the understanding of Xinhai Revolution and Dr. SUN Yat Sen by the Programme. By provision of home-stay, participants of both cities acquired a lot of chances in practicing Putonghua and English, as well as experiencing the city differences between Hong Kong and Zhongshan. By sharing and lesson observations, LSC teachers attained professional development regarding various teaching pedagogies in a different education system and understanding of local culture in Zhongshan.</p>	<p>It is recommended to enrich the project-based learning embedded in the Programme and to try more theme-based excursions with tasks / worksheets in both sessions.</p>

4.	<p>Ningbo Exchange Programme (F.2 – 5 level) The Programme consisted of the Hong Kong Session and the Ningbo Session. In the Hong Kong Session held on 7 – 10 April 2019, 5 boy students of ZHZX, led by their teachers, attended lessons and mathematics related sharing in LSC. All guests were accommodated in hotel on their own expense and visited cultural sites, museums and local attractions in Hong Kong. In the Ningbo Session held on 21 – 26 April 2019, 9 students and 2 teachers of LSC visited ZHZX. They were accommodated in a hotel near ZHZX and attended lessons and cultural activities in the school. Visits to cultural sites, museums and local attractions in Ningbo were conducted after school. The 2 teachers also attended professional development sharing and lesson observations in ZHZX.</p>	<ul style="list-style-type: none"> - The Programme aims to provide an authentic language environment in the learning of Putonghua. - To provide students an experience of city differences between Hong Kong and Ningbo. - To understand the history and development of Ningbo. 	<p>As reflected from de-briefings held in the trip, work done by LSC students in their programme booklets and feedback from parents, participants attained in-depth understanding of the culture, history and development of Ningbo by the Programme. The positive outcome was also revealed by feedback from students and teachers of the two schools. By sharing and lesson observations, 2 LSC teachers attained professional development regarding various teaching pedagogies in a different education system and understanding of local culture in Ningbo.</p>	<p>It is recommended to enrich the project-based learning embedded in the Programme and to try more theme-based excursions with tasks / worksheets in both sessions.</p>
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Part 2: Financial Report

Item No.	Item Name	Expenditure Item	Amount	Remarks
1.	Shanghai Exchange Programme	Air fare of 2 LSC teachers & 11 LSC students (HK\$85,280 x 13/23, shared with HYS in ratio of 13:10)	HK\$48,201.74	<i>Sub-total: HK\$49,897.39</i>
		Meals of guests (HK\$3,000 x 13/23, shared with HYS in ratio of 13:10)	HK\$1,695.65	
2.	Beijing Exchange Programme	Air fare of 4 LSC teachers & 4 LSC students (HK\$100,410 x 8/27, shared with HYS & MCS in ratio of 8:10:9)	\$29,751.11	<i>Sub-total: HK\$40,948.82</i>
		Accommodation in Beijing (HK\$32,898.53 x 8/27, shared with HYS & MCS in ratio of 8:10:9)	\$9,747.71	
		Visa application fee	\$1,450.00	
3.	Zhongshan Exchange Programme	Ferry fare of LSC 2 teachers & 17 LSC students	\$6,000.00	<i>Sub-total: HK\$10,058.61</i>
		Admission fee in Zhongshan	\$619.11	
		Accommodation in Zhongshan	\$3,439.50	
4.	Ningbo Mathematics Exchange Programme	Air fare of 11 LSC teachers & students	HK\$37,190.00	<i>Sub-total: HK\$48,747.03</i>
		Accommodation of 11 LSC teachers & students	HK\$11,557.03	
Total:			HK\$149,651.85	<i>HK\$149,032.74</i>
Annual Balance of Grant:			HK\$348.15	<i>(to be carried forward)</i>